

Hastings community led walk

Enjoy some gentle exercise and meet members of your own community. With Hastings Voluntary Action and Age Friendly Communities.

Meet at Central Hall at 1:30 on Thursday 28th April



Register your place on community led walk by calling Jamie Lloyd on 07966 144 819 or email jamie.lloyd@sustrans.org.uk

*Please note places may be limited

About Hastings community walk

Join us for a led walk starting from Hastings Central Hall on Thursday April 28th.

We will take a gentle seafront stroll followed by refreshments at Central Hall. We will take our time to enjoy the fresh air, and have a chat, everyone is welcome

The walk is delivered by Sustrans as part of East Sussex county Council 'Your Active Journey' in collaboration with Hastings Voluntary Action and Age Friendly Communities, Hastings.

Details

- **Meeting place:** Central Hall, 6, Bank Buildings, Station Rd, Hastings TN34 1NG
- **Date:** Thursday 28th April
- **Time:** 1.30 – 3.00 pm
- **Distance:** Approximately 1/2 mile
- **Pace:** Gentle
- **What to bring:** Suitable footwear
- **Other info:** Toilets available at start and finish



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